



SMILE  
ALWAYS  
FOUNDATION

## ORPHANAGE PROJECT



## Smile always Foundation >>> moving towards life with dignity

### *Fate of the poor children*

*In India millions of children come from Poverty-stricken families. The childhood of the poor is miserable. The children are forced to do labour works to earn livelihood for the family.*

Smile always Foundation (SAF) is a non-profit organization working for underprivileged children - orphan, destitute and other vulnerable groups and their communities towards a wholesome future filled with hope, dignity, justice and peace. Reach out to the poorest of the poor in India without respect to caste, creed and colour.

## THE FOUNDATION

Smile always Foundation is a registered Society (NGO) based in Hyderabad, registered under the A.P. Societies Registrations Act No.35 of 2001, Registered 12(A) & 80G of the Income Tax Act, 1961 and Registered under the Foreign Contribution (Regulation) (FCRA) Act, 2010.

### **ORGANIZATION REGISTRATION NO.:**

<b>Society Registration</b>	: 221 of 2005
PAN Number	: AAGAS3398L
12A Provisional Registration	: AAGAS3398LE20214
80G Tax Exemption Provisional	: AAGAS3398LF20214
FCRA Registration	: 010230924
Import & Export Certificate	: 0912012153
JJ Act Provisional Registration	: 46/ICPS/2017

Our Mission is "We are dedicated to care children, promote independence and build strong families through activities with the resources available. "By providing them with long-term care. This includes basic needs, education and healthcare, and skills necessary to transform them into responsible citizens.

The foundation is running orphanages in Hyderabad. We have established Orphanage's during the year 2012 with a humble beginning of supporting 6 children that grew to 50 children now (Boys and Girls).

We provide food, shelter, education, Health care and clothing to the children in the orphanages. We have accommodated these children in the rented buildings which have a hall, bed rooms and kitchen.

## Admission Criteria:

- Children who have lost both or single parent
- Children from Poverty-stricken families
- Children of disadvantage parents
- Children of families ravaged by HIV/AIDS
- Children of Sex workers



## OBJECTIVES:

- To provide an opportunity for children to live in congenial atmosphere with parental love
- To provide food, shelter, education and health for the children
- To provide medical care to the children.
- To bring up the children in good discipline to become good citizens.
- To make the children to learn basic new skills to live on their own.

## WHAT WE DO

'Smile always' creates impact on the lives of children in need and distress.

What We Do	Why We Do	How We Do	
Access to food and basic needs	Safe living	A place of protection	Food, Clothing and Shelter Health Care and Hobbies and Recreation
Empowerment	Changes Lives	Education	Schooling, College education and BeyondLife skills and Personality Development
Hope	Afford Dignity + Break the Cycle	Counseling and Guidance	<ul style="list-style-type: none"> <li>• Behavioral and Attitudinal Counseling</li> <li>• Vocational and Employment Guidance</li> <li>• Strengthen Spiritual and Moral Values</li> </ul>

## BASIC NEEDS

Attending to the children's most basic needs constitutes a vital component of 'Smile always' work.



### FOOD

'Smile always' lays great emphasis on providing a very healthy diet to the children. Healthful food builds children who think more clearly, are less prone to illness and are stronger and lead longer and healthier lives.



...eating food at Orphanage

The table shows the diet regime we follow for our children. The diet plan has been suggested by a nutrition expert.

DAY	BREAKFAST	LUNCH	SNACKS	DINNER
SUNDAY	Poori (or) Bondalu (or) Doosa(or)Idli	Rice+ Dal/ Vegetable Curry	Fruits (or) Biscuits (or) Pulses	Rice+Chicken (or) Meat+Dal (or) Noodles/Fried Rice
MONDAY	Lemon Rice (or) Upma	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Veg Curry(or)Dal+ Sambar/Rasam
TUESDAY	Kichidi (or) Porridge	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Green Leafy Veg(or) Dal +Rasam
WEDNESDAY	Upma (or) Bread + Milk with Boost	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Mixed Vegetable(or) Dal +Rasam
THURSDAY	Lemon Rice (or) Idli	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+VegCurry(or)Dal+Rasam +Boiled Egg
FRIDAY	Kichidi (or)Porridge	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Green Leafy Veg(or)Dal + Rasam
SATURDAY	Upma (or) Vada	-Do-	Fruits (or) Biscuits (or) Pulses	Rice+Veg Curry(or)Dal +Rasam

### Notes

Inputs of Vitamins through carrots and Dexorange syrup

**Porridge** is made from a mixture of Raagi powder, wheat flour, crushed ground nuts

While eating food, we ensure the following .....

Children wash their hands with Hand wash, plates and glasses before and after eating

Children take food with fingers; food doesn't touch the palm



## EDUCATION

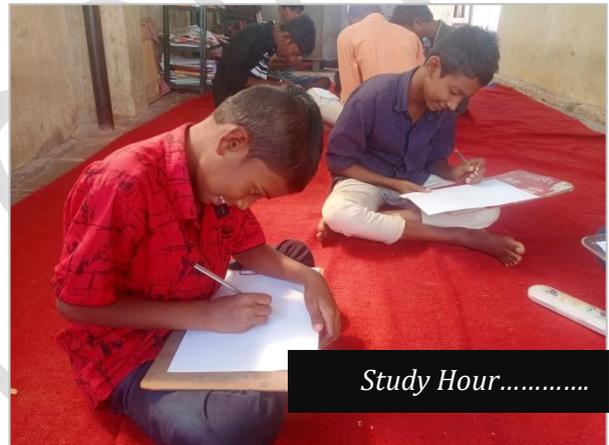
At Orphanages, we provide access to quality education. Education is not limited to schooling, passing examinations and jumping to higher grades. We impart discipline, soft skills, lessons from life experiences, and spiritual education.

All our children from 1<sup>st</sup> Class to Degree Courses attend Private Schools and Colleges. The schools start from 8:30 am to 4.30 pm.

In the morning, elder children's wake up around 5.30 am and quickly revise their lessons before getting ready for school. After returning from school, children spend around 1-2 hours on their homework assignments and studying their subjects.

For children in all grades, we have hired trained tutors who take classes between 5:30 pm and 7:30 pm. in orphanage premises.

We will provide every possible opportunity, preferably professional education, to all our children. Our entire efforts in providing quality education and emphasis on personality development are directed towards creating responsible citizen for India.



Study Hour.....



## CLOTHING

The utility of clothing goes far beyond its importance as protection from extreme weather conditions. Decent clothing enhances a person's esteem and confidence. This is all the more important in the case of children we are supporting.

***We provide the following to each of the children every year:***

### For annual

- 2 pairs of school uniforms
- 2 pairs of casual dresses
- 1 pair of slippers & 1 pair of Shoe
- 2 towels and handkerchiefs
- 1 bed sheet with pillow cover

### In Winters

- A sweater and a woolen cap
- A woolen blanket

### For Schooling

- School Bag
- Books
- Stationary
- Belt and tie (Private School)



Children wearing new dress happily



## SHELTER

The Rented Children Home consists of Bed rooms include toilets and Big Open Hall and Kitchen. Children keep their clothes, books and other stuff in cupboards. Each room has bunk beds (Two steps Iron Cots, Beds, Pillows and Bed sheet and Protector), iron racks for keeping blankets and shelves for books, school bags and necessary things like soaps, tooth brushes and washing powder, hair oil and talcum powders. The premises have bathrooms and usage water is stored in two big Polymers tanks on the building slab and water has supply with pipeline to all bath rooms and kitchen. In the evenings, the open hall is used for tuition classes. The open air hall in the building is used as dining hall. Drinking water (Krishna water) facility is there in the premises. The drinking water comes from day by day (alternate day) and for general purpose we use bore water.



## HEALTH CARE

For ordinary ailments and emergency, we send the children to general physicians in the neighborhood and the consultation is nominal. Prescription medicines are bought from a nearby medical shop. We keep a first-aid kit and stock of medicines like Paracetamol, Crocin, Saradon, Zandubalm, Painkillers etc for general ailments. Children use cold creams and petroleum jelly in winters. In summers, we stock ORS sachets, Glucon-D etc in case any child suffers from dehydration. We use mosquito repellants like All-Out and Mortein to fight the mosquitoes-menace. From time to time, we have medical camps – general, dental and eye check-up organized by local hospitals, friends and volunteers. For children who have additional nutritional requirements, we provide carrots, greater amounts of milk, eggs and leafy vegetables as well as calcium tablets and Dexorange syrup.



## RECREATION

Children should be children! And what can be more exciting and enjoyable for children than watching a movie or visiting an amusement park or just spending their free time in a manner they choose.

Every day, an hour and a half is devoted to recreation, yoga when children can do anything they like except studying. But the real fun starts every Saturday evening and continues throughout the next day. Dancing, Singing and Painting are a passion at our children home. We regularly conduct painting sessions and competitions. Our children learn singing, dancing regularly and perform their talents.

We provide all the necessary sports equipment - Carom and chess boards, cricket bats and balls, skipping ropes etc. Major festivals are celebrated with dedication and enthusiasm. Pongal, Srirama Navami, Ugadi, Vinayachavathi, Independence Day, Holi, Dussarah, Diwali and Christmas and New Year Celebrations are very popular among our friends. Next time, please be a part.



## Support



Your support will go a long way in creating better lives for needy children and their families. As an individual or an organization, you can help in the following ways. Your donation will further our vision of ensuring a happy and healthy childhood for India's children. Donate to make a change.

Your contributions to Smile always Foundation are eligible for tax exemption under section 80G of Income Tax Act.:

Donations to Smile always Foundation are eligible for tax deduction under section 80G Indian Income Tax Act. By donating to Smile always Foundation, not only you will help in feeding and supporting children, and improve their communities but also help your selves with Tax deduction benefit.

Once you have made the donation, and send us an email about the transaction to [info@smilealways.org](mailto:info@smilealways.org) . We will send a receipt the same and Tax Exemption Certificate along with 'Thank you' letter to you via E-mail /Courier /Post. The 80G Certificate, Receipt and Thank you letter which will reach you within 10 days of making the donation can be used to avail Tax Exemption for the respective Financial Year.



**80-G**  
**Tax Exempted**

Your donations are eligible for availing  
50% tax exemption u/s 80G(5)(vi)  
of the Indian Income Tax Act, 1961.

**DONATION**

You may donate to 'Smile always Foundation' through a check/cash deposit or an online transfer.

<p><b>STATE BANK OF INDIA (SBI)</b></p>	<p><b>ONLY FOR NRI/FOREIGN DONORS - FCRA ACCOUNT</b></p>
<p><b>Account Name:</b> Smile always Foundation  <b>Account Number:</b> 62375490188  <b>IFSC Code:</b> SBIN0021056  <b>Bank Name &amp; Branch:</b> State Bank of India, Arunodaya Nagar, Nagole (21056), Hyderabad.</p>	<p><b>Account Name:</b> Smile always Foundation  <b>Account Number:</b> 40179841395  <b>IFSC Code:</b> SBIN0000691  <b>SWIFT Code:</b> SBININBB104  <b>Bank Name &amp; Branch:</b> State Bank of India, FCRA Cell, 4th Floor, New Delhi Main Branch, 11, Sansad Marg, New Delhi -110 001</p>
<p><b>Union Bank of India (UBI)</b></p>	<p><b>BHIM / UPI</b></p>
<p><b>Account Name:</b> Smile always Foundation  <b>Account Number:</b>114510100035845  <b>IFSC Code:</b> UBIN0811459  <b>Bank Name &amp; Branch:</b> Union Bank Of India (UBI), Nagole Branch (1145), 2-4-637, Opp Petrol Bunk, Nagole, Hyderabad.</p>	

If you want to send a Cheque/DD, the address is Smile always Foundation, Plot No.113, Road No. 7C&9B, Mamatha Nagar, Nagole, Hyderabad – 500068.

E-mail: [info@smilealways.org](mailto:info@smilealways.org)

## YOU CAN SUPPORT A CHILD

Please support a child to help us provide continuous support to our children during their stay in Smile always. We intend to provide all those opportunities to children that a child from a middle class family enjoys.

## WHAT YOUR SUPPORT DOES | BREAK UP

### Provide Food - Tasty, Varied and Nutritious

We provide food with quality. Our diet has been devised by a nutritionist. We never compromise with the quality and quantum of food cooked and served - breakfast and two meals a day along with sprouts, fruits/eggs and milk. Our children also have stuff like samosa's, pastries, fruits, juice, drinks etc., from time to time.

### Provide Education - Schooling and Beyond

Before coming to Orphanages, most of children never attended school properly. Now, with your help, our children attend a school and after-hours tuition classes. We also have a fledgling library which will take a definitive shape very soon.

### Provide 24 x 7 accesses to Healthcare

We take the children to the nearby physicians as and when required. We have periodic checkups from private hospitals and doctors in their individual capacity.

### Provide other necessities

We provide all other facilities and resources required by the children. Finally, Provide a Happy and Happening Place; where children feel it's their Home, not their 'Hostel'.

## BREAK UP

Under the Sponsor a Child program, we seek your contribution of Rs.36,000 per annum. This amount covers direct living expenses of One Child. The table provides the break-up of expenditure on each item.

Item	Cost Rs.
Food	14,400
School Fee + Transport	10,000
Books + Stationery	2,000
Clothing	1,200
Shelter	6,000
Health Care	900
Recreation	800
Miscellaneous	700
<b>Total Annual Cost(per child)</b>	<b>36,000</b>
<b>Total Monthly Cost (per child)</b>	<b>3,000</b>

## SUPPORT IN KIND

'Orphanage' needs your support in providing quality food to all our children. In view of the spiraling prices of commodity prices, particularly Rice and Dal, we request you to generously donate Rice bags, Dal, Oil etc. This will help us enhance our food security and help us deal with inflationary conditions. If you wish make a contribution towards food, please write to [info@smilealways.org](mailto:info@smilealways.org)

You may donate towards the requirements in either cash or kind. You may also use an online grocery store with services in Hyderabad <http://bigbasket.com>, <https://grofers.com>, <https://www.amazon.in> to order groceries and provisions and donate them to Orphanage.

MONTHLY REQUIREMENT FOR 51 CHILDREN			
S.NO.	ITEM	REQUIREMENT	REMARKS
1.	Rice	434 kg	( 7 kg X 2 times per day = 14kgs X 31 Days (per month)
2.	Toor Dal (Kandi Pappu)	90 kg	Approx. 3kg per day
3.	Edible Oil (Refined Sunflower oil)	20 Ltr	2 packet per 3 days
4.	Bombay Rawa	30 kg	For Breakfast
5.	Moong Dal	5 kg	For Breakfast (Kichidi)
6.	Atta	25 kg	(For Poori only Sunday)
7.	Turmeric	1 kg	General use for curries & lemon rice
8.	Tamarind	7 kg	(For Rasam and general use)
9.	Mirchi Powder	4 kg	General use for curries
10.	Ground nuts (Pallilu)	10 kg	(For Chutney and Lemon rice)
11.	Putnal	4 kg	(For Chutney)
12.	Salt	7 kg	General use
13.	Black pepper	250 gms	(For Kichidi and Rasam)
14.	Ginger n Garlic paste	2 kg	General use for curries
15.	Coconut / powder	2 kg	General use
16.	Sugar	4 kg	Sweet
17.	Sambar Powder	1 kg	For Sambar
18.	Popuginjalu	1 kg	For Talimpu
<b>TOILETRIES</b>			
19.	Bathing Soaps (Big)	150 units	
20.	Detergent <b>washing</b> Soaps(Big)	150 units	
21.	Detergent Powder(Big)	5 packets	
22.	Shampoo	300 sachets	
23.	Hair Oil / <b>Coconut Oil</b> (Big Bottles)	5 units	
24.	Talcum Powder (Big)	1 units	
25.	Tooth paste-tubes (Big)	10 units	

## SUPPORT EDUCATION

Maybe, the most valuable contribution you could make to a child's life is the gift of education. Education is not only a fundamental right, but is a powerful catalyst for human development. With education, children have better life options, earning potential and health, and raise healthier children.

We request you to generously help us provide the best in education - formal education as well as overall development of a child's personality.

Item	Yearly cost per child (Average)
School fee+ Transport	10,000
Notebooks + Textbooks + Stationery	2,000

## MAINTENANCE

In addition to child support, we would like you to contribute towards maintenance expenses - utilities, rent, salaries etc, others. You may donate towards the requirements in either cash or kind.

Item	Monthly Rs.
Orphanage Rent	13,000
Staff Salaries	26,500
Electricity	2,000
Gas	6,000
Hygiene	3,000

## DONATE IN KIND

To help us maintain the standard of our services, we request you to consider helping us with the requirements

Monthly Provisions	Quantity	Academic needs	Quantity
Bathing Soaps (Big)	150 units	School Bags	51
Detergent Soaps(Big)	150 units	Note Books	2,000
Detergent Powder(Big)	5 packets	Pencils, Pens	150
Shampoo	300 sachets	Sharpener, Eraser	150
Hair Oil (Big Bottles)	5 units	Maps	50 each
Talcum Powder (Big)	1 units	Geometry boxes	40
Tooth paste-tubes (Big)	10 units	Easels / drawing boards	6
Dettol (Big)	5 units	White board with stand	6

## PARTICIPATE

Your ability to extend your helping hand to our mission is limited only by your imagination.

Our friends/donors/well-wishers has found their own ways of supporting our mission. Some do it in their individual capacity, some like to do in groups of like-minded people and some engage their colleagues and companies to support Smile always Foundation.

## INDIVIDUALS / SUPPORT GROUPS

Smile always Foundation receives most of its support from individual donors who have taken it upon themselves to find creative ways to contribute to our mission to serve underprivileged children. Besides individuals, there have been several groups of friends who have chosen to support 'Smile always' efforts.

## CELEBRATE

Share your joyous moments with our children in 'Smile always' and double your happiness. Many of our friends and well-wishers celebrate important days of their lives at Orphanage.

Birthday celebrations are very common at our Orphanage. Our children get very excited, especially, if it is a toddler's birthday. Many of our friends have said that the birthdays celebrated here in 'Orphanage' are the most memorable ones. If you celebrate your birthday, be prepared to be surprised.

Similarly, many of our friends have been celebrating their wedding anniversaries at Orphanage. They make the day more meaningful by distributing fruits, chocolates, new clothes, notebooks and stationery to our children.

Some of the other events that people celebrate here are arrival of a child into a family, getting a job/promotion among others. Visit our Orphanages and share your joy.



## CARE & SUPPORT FOR ORPHAN CHILDREN

FOOD	Month ₹	Quarter ₹	Annual ₹	
	1 Child	1,200	3,600	14,400
	2 Children	2,400	7,200	28,800
	5 Children	6,000	18,000	72,000
	10 Children	12,000	36,000	1,44,000

EDUCATION	Month ₹	Quarter ₹	Annual ₹	
	1 Child	1,000	3,000	12,000
	2 Children	2,000	6,000	24,000
	5 Children	5,000	15,000	60,000
	10 Children	10,000	30,000	1,20,000

SHELTER	Month ₹	Quarter ₹	Annual ₹	
	1 Child	800	2,400	9,600
	2 Children	1,600	4,800	19,200
	5 Children	4,000	12,000	48,000
	10 Children	8,000	24,000	96,000

TOTAL CARE	Month ₹	Quarter ₹	Annual ₹	
	1 Child	3,000	9,000	36,000
	2 Children	6,000	18,000	72,000
	5 Children	15,000	45,000	1,80,000
	10 Children	30,000	90,000	3,60,000

## FOOD FOR "THOUGHT"

### ONE TIME FOOD

VEG Rs. 4,000	NON-VEG Rs. 5,000
1. Rice	1. Bagara Rice / Fried Rice / White Rice
2. Sambar / Palak Dal	2. Chicken Curry
3. Vegetable Curry	3. Dhal / Sambar
4. Curd	4. Curd
5. Papad	5. Papad
6. Sweet / Fruit	6. Sweet / Fruit

If you wish to sponsor a meal, please write to us with the preferred dates to [info@smilealways.org](mailto:info@smilealways.org)



Love one another  
as GOD have  
loved you.

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